

ALLIES

ALLIES is for 6th-8th graders who want to Master the Art of Being a Teen

Being a teenager should be easier than it is. Having good friends makes all the difference. Check out these workshops to learn how to be a good friend to yourself and others so you can make the most out of being a teen...

#1 VOICE: Finding your voice, speaking up for yourself and others to reduce bullying, acting confident

Friday, January 13th, 6-9pm

#2 SHINE: Being your best under social and school pressure, fitting in while staying true to yourself

Friday, February 10th, 6-9pm

#3 CONNECT: The “big picture” with Facebook & texting, safety/controlling the image you project socially

Friday, March 9th, 6-9pm

#4 BEING ME: Self-confidence, body image, liking yourself as a whole person - no matter what!

Friday, April 13th, 6-9pm

Sign up for ALL 4 or sign up for 1, 2 or 3!!

Come to meet new people!!

Have FUN!!! Eat Pizza!!!

Learn new stuff about yourself!!

And make sure you register in advance:

go online to www.360youthservices.org

or contact Kari Wittmann Lata at

630-717-9408 x112 or

kwlata@360youthservices.org

(*workshops meet on the 2nd Friday each month)

Each ALLIES workshop is \$35. (\$5 off each workshop if you sign up for all 4!)
Financial assistance is available.

All workshops to be held at 1935 Brookdale Rd., Suite 119, Naperville, IL 60563



Formerly known as
NCO Youth & Family Services